

## Program Description

The Prenatal Care Guidance Program (PCG) was implemented in Los Angeles County in 1985 with the use of State Maternal Child Health funds in order to help identify Medi-Cal eligible, high-risk pregnant women and ensure their access to appropriate prenatal care through case management services in the home. Women can enroll into the program at any time during their pregnancy and are visited by a Public Health Nurse (PHN) until their baby is 12 months of age. During the visits, the PHN provides assistance with enrollment into health coverage programs; counseling and education regarding prenatal care, parenting skills, breastfeeding issues, dangers of smoking and substance use during pregnancy, labor and delivery issues, and infant development; and referrals to other programs as needed. The objectives of the program are to increase care coordination and follow-up to assure timely access to prenatal care, increase enrollment in Medi-Cal and other health coverage programs, enhance access to other community resources, and have babies with good birth outcomes.

## Important Things to Know

- PCG is a program designed to help high-risk pregnant women and their infants.
- Anyone meeting Medi-Cal eligibility requirements is eligible to receive PCG services.
- If eligible for services, PCG will assist at risk pregnant women with referrals to other agencies (Medi-Cal, WIC, prenatal care providers, and nurses for home visitation).

For more information, please call (213) 639-6433  
or (213) 639-6434 or visit <http://lapublichealth.org/mch>  
and click on Prenatal Care Guidance Program.



